

What You, as Parents, Can Do to Help:

Start the conversation. Discuss the UIP opportunity with your son or daughter. The sooner he/she begins to act upon his/her post-graduation career or graduate school interests, the better.

Encourage your child to attend a UIP information session to be held at the beginning of the spring semester. Details available online.

Review the listing of online internship descriptions with your child. Help him/her to identify internships and organizations of interest. Details available online.

Encourage your child to complete an online application for UIP and to schedule an interview with a UIP staff member. Details available online.

Be Supportive. The search for post-graduation direction is often stressful and challenging. Be supportive of his/her efforts and encourage persistence.



Charlottesville Free Clinic Healthcare Administration Intern Katherine Babiarz with Laura Young, Volunteer Coordinator.

UIP has hundreds of professional practice internships available in a wide variety of fields in the Charlottesville area, including:

- Government & Public Policy
- Legal & Criminal Justice Systems
- Finance & Investments
- Medicine & Health-Related Professions
- Environment
- For Profit & Not-For-Profit Business Mgmt.
- Mental Health
- Sports Promotion & Administration
- Radio Reporting & Production
- TV Reporting & Production
- Public Relations & Event Planning
- Fundraising & Development
- Journalism
- Publishing
- Children & Family Services
- Human Services & Social Services
- Research & Writing
- Marketing
- Education & Educational Administration
- Technology & Web Development
- Visual & Performing Arts

...And many, many more



WINA AM 1070 Programming Intern Christina Saunders with Jed Williams, Sports Director.

University of Virginia
 WELDON COOPER
 CENTER FOR PUBLIC SERVICE
 University of Virginia
 University Internship Programs (UIP)
 P.O. Box 400206
 2400 Old Ivy Road
 Charlottesville, VA 22904-4206



The Value of an Internship

Graduate with more than a degree...



U.Va. Athletics Video Services Interns Nick Ganse and Brian King



www.virginia.edu/uiip
 (434) 982-5552
 Intern-UIP@virginia.edu

Dear Parents,

Your son or daughter has a unique opportunity to earn academic credit for his/her participation in a professional practice internship in the Charlottesville area during the fall and spring semesters of his/her fourth year at the University of Virginia.

Completion of a credit-bearing internship through the office of the U.Va. Internship Programs (UIP) is an excellent way for your son or daughter to gain a greater awareness and appreciation of post-graduation career, organization, and industry options, and to develop competitive skills to successfully transition from the undergraduate academic environment to either the working world or graduate school.

The online application process for an internship placement through the U.Va. Internship Programs ends late February. Details are available on our website.

Please encourage your son or daughter to join the nearly 7,000 students who have participated in U.Va.'s Internship Programs since it began in 1976.

Sincerely,

Karen A. Farber, Ph.D., M.B.A.
Director, U.Va. Internship Programs (UIP)
Weldon Cooper Center for Public Service
University of Virginia
www.virginia.edu/uip

Former interns of the U.Va. Internship Programs (UIP) have said their professional practice internship helped them to:

- Define career goals while trying out a particular job, field, or organization
- Earn academic credit while interning
- Apply academic/classroom knowledge to a real work setting
- Build an impressive resume
- Gain valuable work experience and enhance marketable skills
- Establish references and networking contacts
- Obtain access to organizations and professionals they otherwise would not have
- Become more competitive in the job market and the graduate school admissions process
- Successfully cope with the developmental, cultural, role, and relationship transitions from student/school to employee/work



Marketing and Research Interns Peter Armstrong and Brian Park with Carol Ham, Financial Advisor; Steven Ham, First Vice President, and Mary Magginson, Client Associate at Merrill Lynch & Co, Inc.



Brian Park, Research and Marketing Intern, Merrill Lynch; Chapman Snowden, U.Va. Athletics Intern, Baseball Program; Adam Van Deusen, Sports Programming Intern, WVIR NBC29; Alexandra Boddien, Research Programmer Intern, Charlottesville/Albemarle Drug Court, OAR-Jefferson Area Community Corrections; and Cassidy Bynoe, Development Intern, Live Arts, give a presentation in their Sociology Internship Seminar.

The two-semester, UIP Academic Internship has two parts: the internship and the seminar.

Interns earn four academic credits each semester through either the Sociology or Psychology Department. UIP internships combine academic instruction and work experience in an applied setting under the supervision of a sponsor and faculty member.

The Internship: The internship is a meaningful, closely monitored, career-related work experience that extends the intern's learning beyond the classroom to a non-profit organization, a government office, or a private/public for-profit business in the Charlottesville area. The internship involves intentional learning that supports the intern's academic, career, and/or personal interests.

The Seminar: The seminar provides interns with a structured classroom environment to actively reflect on his/her work experiences and to discuss and learn about themselves, the workplace, and life in organizations. The fall semester seminar focuses on professional and personal development and organizational behavior, and the spring semester seminar shifts focus to post-graduation transition topics.



Sue Houchens, Social Work Supervisor at the Charlottesville Dept. of Social Services with Alexis Logan and Robyn Mircoff, Social Work Interns.